



A.S.D. Vegan Power Team  
Circonvallazione Gianicolense, 78 - 00152 Roma (RM)  
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The ASD Vegan Power Team, under the patronage of the Municipality of Subiaco and the Monti Simbruini Regional Natural Park, is organizing the third edition of the "Backyard Ultra Livata."

The "Backyard Ultra Livata" is a **non-competitive** running race with free registration. Participants must have a medical certificate valid for competitive sports as of June 12, 2027, and valid for the entire race (for foreign participants, the certificate may be replaced by signing a liability waiver form). The race varies in length and takes place on a 6.706 km circuit on Mount Livata (Rome).

The start date is set for Saturday, June 12, 2027, at 10:00 a.m. from the cross-country ski trail adjacent to Piazzale Campo Dell'Osso 6 – Monte Livata – Subiaco (Rome) (time and location to be confirmed).

The race format is very simple:

The race will start at 10:00 a.m. on Saturday, June 12, 2027, on the 6.706 km circuit. The time limit to complete the lap is 60 minutes.

At 11:00 a.m., all participants who have completed the first lap in 60 minutes will set off for another lap, also to be completed in 60 minutes.

The same will happen at 12:00 p.m., 1:00 p.m., 2:00 p.m., and so on until there is only one competitor left who can complete the lap within the allotted 60 minutes.

Three minutes before the start, a whistle will sound the time remaining until the next lap. The same will be done at two minutes and one minute before the start time. On the hour, a bell will ring to signal the start of the next lap.

Competitors who are not present in the starting area (also called the corral) when the new lap begins will not be able to participate. Latecomers will not be admitted.

If no athlete is able to complete the final lap, there will be no winner (two winners are not permitted).

Due to the nature of the race, there will be no distinction between men and women, and therefore only one winner will be declared (there will be no official ranking, only order based on laps/km completed).

The race will take place in all weather conditions and will end when the last athlete remaining has completed the final lap in time (do not book your return trip in advance).

This person will be the sole winner and will be awarded a trophy and a commemorative jersey, which they will be the sole owner of.

The course is not fully lit, so it is mandatory to carry a headlamp for the night portion.



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The race is completely self-sufficient, and competitors must provide for their own needs. The organizers, in accordance with international regulations, are required to provide water and nothing else. However, given the nature of the organizing association, a plant-based refreshment stand will be provided for athletes only.

A support crew is permitted, but only in the start/finish area. Under no circumstances may they (especially not an athlete who has finished their race) accompany the athlete on the course, under penalty of disqualification. Once the race has begun, the athlete may not contact their crew or leave the race course.

Likewise, if an athlete is discovered (tips from competitors are permitted) to be engaging in inappropriate behavior (cutting the course, using means other than their own legs, or engaging in offensive behavior toward the race officials or competing athletes), they will be immediately disqualified. Any type of external assistance, such as trekking poles, is not permitted.

To reduce the environmental impact of the race, the organizers will NOT provide cutlery, glasses, or plates, and athletes (and crews) must provide their own, preferring reusable materials to reduce waste. The organizers will provide drinking water for the entire duration of the race.

Leaving excrement or any other waste along the course is prohibited, under penalty of immediate exclusion from the race. The use of speakers is not permitted.

Sleeping in the race area will not be permitted on the evening of June 11th; the race area will open and bib collection will be at 10:00 a.m. on June 11th.

Each athlete is responsible for themselves and their own physical and mental health. The race official reserves the right to withdraw a competitor from the race if they deem their condition to be dangerous to the athlete's health. In any case, medical assistance will be guaranteed, including an ambulance equipped with a defibrillator. By registering for the Backyard Ultra Livata, the athlete declares that they fully understand and unconditionally accept these rules and that they are aware that participating in the Backyard Ultra Livata and/or sporting events in general is potentially risky. The athlete also declares that they assume all risks arising from their participation in the event: falls, contact with vehicles, other participants, spectators, or others, weather conditions, traffic, and road conditions, and any other known and assessed risk. By submitting the online registration form, the athlete releases and releases the Organizers and the promoting entities from all present and future claims or liabilities of any kind, as well as for damages to persons and/or property, known or unknown, resulting from their participation in the event. Furthermore, by submitting the online registration form, the competitor declares that they are not aware of any previous medical conditions or injuries that could put them at risk during the event.

To attract a greater number of athletes to this relatively new race format, the registration fee will be divided based on the number of laps the competitor believes they are capable of running. Naturally, once a category has been chosen, it will not be possible to change it during the race.

Participants who are not yet 18 years of age on the day of the race may not register.



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The cost for participating in the third edition of the "Backyard Ultra Livata" is as follows:

- Infinite Rides - €45 for the first 48 hours after registration opens, then €60.00 until December 31, 2026, €70.00 from January 1, 2027 to May 15, 2027, and €80.00 from May 16, 2027 to June 6, 2027. Athletes who participated in both the 2025 and 2026 editions will receive a discounted fee of €45 until December 31, 2026.
- 15 laps - 100.5km - €40.00 until December 31, 2026, €50.00 from January 1, 2027 to May 15, 2027, and €60.00 from May 16, 2027 to June 6, 2027.
- 7 laps - 47km marathon finish line - €30.00 until December 31, 2026, €40.00 from January 1, 2027 to May 15, 2027, and €50.00 from May 16, 2027 to June 6, 2027.
- Participants with a personal best of 40 to 50 laps will receive a 25% discount, those with a personal best of 51 to 60 laps will receive a 50% discount, and those with a personal best of 60 laps will receive no fee.

The registration deadline is June 6, 2027. After this date, athletes will be admitted only if the organization deems there is sufficient space to admit additional participants, and only at a cost of €100. Registration will close once the number of registered participants reaches 200 (the organization reserves the right to admit additional competitors beyond the 200 already registered).[1]

Registration must be completed using the form available at the following link: <https://forms.gle/jpQToZnmyQvHXiMB9> providing all the required information, selecting the laps you wish to complete, and attaching a copy of the payment via bank transfer to:

Vegan Power Team ASD  
IBAN: IT66Y0501803200000016784654  
Institution Name: Banca Etica  
Reason for Payment: Name / Surname - Backyard Livata 2027 Registration

Registration will be confirmed upon receipt of payment.

Under no circumstances may the athlete request a refund of the registration fee; if unable to participate, they may request a name change or a postponement to the following year's race by April 30, 2027. If the following year's race is not held, no refund will be provided.

If the race is canceled for any reason beyond the control of the organization, the registration will be transferred to the following year's race.

By registering, you authorize the organization to use your images in videos, photos, articles, TV programs, newspapers, social media, magazines, websites, or flyers during the event or to promote upcoming Livata Ultra Backyard events and authorizes the organization to send communications via email related to the management of the event.

[1] The organization reserves the right to refuse registrations without having to provide a reason for its decision.